Welcome Back!

So long summer! Welcome back scholars! The summer is over and the 2019-2020 academic year has begun. Welcome back!

Our office has been busy this summer advising incoming students at Bama Bound orientation and working with juniors and seniors who have applied to a health professional school. We have also put together some great events for the 2019—2020 school year to help you prepare yourself to be a more competitive applicant.

Any student on campus, regardless of major, who is interested in a health professions graduate program should schedule an appointment to meet with a health professions advisor. Students who consistently meet with their pre-health advisor are more informed, prepared, and confident about their pre-health plans. You can find who your pre-health advisor is by following the alpha-split on the next page of this newsletter or by stopping by 200 Clark Hall.

Our newsletters will continue to be published monthly during the fall and spring semesters. If you have a topic that you would like to see featured in our newsletter, please e-mail us at: prehealth@ua.edu.

Cheers to a successful school year and Roll Tide!
Office of Health Professions Advising

Our office works with current & UA alumni pre-health students from all majors at The University of Alabama. Your health professions advisor is able to discuss competitiveness for health professions graduate programs, co-curricular activities, standardized testing for graduate school, and much more! You can identify your pre-health advisor by the first letter of your last name below. To schedule an appointment, please visit: www.as.ua.edu/appointment.

Helpful Information

Advising Appointments: Appointments are offered in 30 minute increments. Appointments are available Monday—Friday from 9:00 a.m. to 11:00 a.m. and 1:00 p.m. to 3:30 p.m. Be sure to arrive on time and prepared with questions you wish to discuss.

Pre-Health Walk-In Advising: For quick questions that you may not need a full appointment for, walk-in advising is a great option. An advisor is available for walk-ins each afternoon, Monday–Thursday, from 1:30 p.m. — 3:40 p.m.

Recommended Frequency of Appointments: Freshmen are recommended to meet with a pre-health advisor once per semester. Sophomores are recommended to meet once per year. Juniors are recommended to meet with an advisor once per semester. Seniors are recommended to meet once per year.

MAXIMIZE your appointment time!
Take time to P.R.E.P. for your advising appointment!

PLAN Arrive prepared with questions; review resume, course sequences and degree plan in DegreeWorks.

REFLECT Is this major/path still right for me? Am I competitive? What are my barriers to success?

ENGAGE Share this plan with advisors and mentors. Create realistic action plans.

PRACTICE Enroll in classes at your registration time. Find ways to demonstrate your passion.
Fall OHPA Events

Your health professions advisors are working to provide meaningful and engaging events for you. Listed below are courses, events, and workshops hosted by our office. Stay tuned to prehealth.ua.edu for all event dates and information.

- Sophomore Reviews
- Application Cycle 2021 Junior Mandatory Meetings (Nov. 5th & 6th)
- Harrison School of Pharmacy Mock Interviews
- McWhorter School of Pharmacy Mock Interviews
- VCOM –Auburn Medical School Mock Interviews
- University of Mississippi College of Medicine Mock Interviews

Connect with your Pre-Health Student Org!

Find OHPA Pre-Health Student Organizations at GET ON BOARD DAY (GOBD)

Advisors from our office advise the following pre-health student organizations. Connect with these organizations at Get On Board Day on August 29th from 5 to 9 p.m. on the Ferguson Promenade or by reaching out to them via their e-mail address listed below.

Alpha Epsilon Delta (AED)
bamaaedpresident@gmail.com

Pre-Dental Society
predentua@gmail.com

Pre-Physician Assistant Society
ppas.alabama@gmail.com

Pre-Pharmacy Society
uaprepharm@crimson.ua.edu

Pre-Occupational Therapy Society
uapreot@gmail.com

Pre-Optometry Society
cbladd@crimson.ua.edu

Pre-Physical Therapy Society
preptsocietyua@gmail.com

Students United with America’s Toothfairy
uatoothfairy@gmail.com

S.W.I.M. (Society of Women in Medicine)
swimuaorg@gmail.com
Sophomore Mock Interviews

**DR. CHARLES WOOSLEY**
AUBURN UNIVERSITY
HARRISON SCHOOL OF PHARMACY

Wednesday, September 11th
The Career Center
R.S.V.P. at 200 Clark Hall
beginning on September 11th

**MR. AARON HUX**
SAMFORD UNIVERSITY
MCWHTORER SCHOOL OF PHARMACY

Wednesday, September 18th
The Career Center
R.S.V.P. at 200 Clark Hall
beginning on September 11th

Announcements & Important Dates

- **UMC Shadowing Application now available!** If you are a pre-medical student who is interested in shadowing physicians at the University Medical Center on campus, submit your application! Click [here](#) to apply. Application closes 8/23/19 at 4 p.m. CST. Selected students will be notified directly by the University Medical Center.

**August 25th:** ACOM Open House, see attached flyer for details

**August 28th:** Last Day to add or drop a course without a grade of W

**August 29th:** Get On Board Day, Ferguson Promenade, 5:00 to 9:00 p.m.

**September 11th:** Pre-Pharmacy Sophomore Mock Interviews with Harrison School of Pharmacy

**September 18th:** Pre-Pharmacy Sophomore Mock Interviews with McWhorter School of Pharmacy

**September 27th:** BioFest Biology Majors Career Fair, Ferguson Ballroom, 12:00 to 4:00 p.m.

*Items in RED are UA OHPA Events.*

*Remember to visit prehealth.ua.edu often for the most up-to-date announcements.*
# Fall 2019 Study-Skills Sessions Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Study-Skills Session</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>August</strong></td>
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<tr>
<td>August 27 (Tue)</td>
<td>11:00 AM</td>
<td>Surviving your Freshman Year</td>
<td>214 Russell Hall</td>
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<tr>
<td>August 27 (Tue)</td>
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<td>214 Russell Hall</td>
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<tr>
<td>August 28 (Wed)</td>
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<td>Surviving your Freshman Year</td>
<td>Houzer Hall (Suite 1000)</td>
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<tr>
<td>August 28 (Wed)</td>
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<td>Surviving your Freshman Year</td>
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<td><strong>September</strong></td>
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<tr>
<td>September 4 (Wed)</td>
<td>4:00 PM</td>
<td>Success in BSC 116</td>
<td>356 Russell Hall</td>
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<tr>
<td>September 5 (Thurs)</td>
<td>1:00 PM</td>
<td>Time Management w/ Test Preparation</td>
<td>214 Russell Hall</td>
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<tr>
<td>September 9 (Mon)</td>
<td>2:30 PM</td>
<td>Success in BSC 108/109</td>
<td>356 Russell Hall</td>
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<tr>
<td>September 10 (Tue)</td>
<td>4:00 PM</td>
<td>Studying and Note-taking strategies</td>
<td>Houzer Hall (Suite 1000)</td>
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<tr>
<td>September 10 (Tue)</td>
<td>5:00 PM</td>
<td>Success in BSC 116</td>
<td>356 Russell Hall</td>
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<tr>
<td>September 11 (Wed)</td>
<td>11:00 AM</td>
<td>Success in BSC 114</td>
<td>356 Russell Hall</td>
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<tr>
<td>September 12 (Thurs)</td>
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<td>September 12 (Thurs)</td>
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<td>214 Russell Hall</td>
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<td>September 24 (Tue)</td>
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<td>Studying for Multi-Choice &amp; Essay Tests</td>
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<td>September 25 (Wed)</td>
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<td>Reading College Textbooks</td>
<td>214 Russell Hall</td>
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<tr>
<td>September 26 (Thurs)</td>
<td>4:00 PM</td>
<td>Time Management w/ Test Preparation</td>
<td>Houzer Hall (Suite 1000)</td>
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</tbody>
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8/9/2019
SUMMER OPEN HOUSE
ALABAMA COLLEGE OF OSTEOPATHIC MEDICINE
DOTHAN, ALABAMA

Saturday, August 24, 2019
8:30am-12noon

Welcome
College & Curriculum Overview
Guided Campus Tour
Osteopathic Manipulative Medicine Presentation
Patient Simulation Presentation
Q&A Panel

REGISTER TODAY ONLINE AT WWW.ACOM.EDU/OPEN-HOUSE

FOR MORE INFORMATION, CONTACT ACOM ADMISSIONS AT (334) 699-2266 OR ADMISSIONS@ACOM.EDU