Pre-professional Competencies

Professional school admissions committees are seeking highly qualified and competitive applicants to fill each new incoming class. They are not just examining your GPA, grade trend, and entrance exam score; professional schools also want to know if your application preparation displays a level of competency in a variety of pre-professional skills such as cultural competence, teamwork, service and many more. The AAMC, Association of American Medical Colleges, outlines fifteen key pre-professional competencies for pre-medical students to be familiar with. Students pursuing any pre-health track should review these competencies to examine your interests and activities. How many of these have you demonstrated? What do you need to work on?

A complete list of AAMC’s pre-professional competencies may be viewed at https://students-residents.aamc.org/applying-medical-school/article/core-competencies/. Please click the images below to visit AAMC’s website for more information.
**ANNOUNCEMENTS**

- Students enrolled in the **Cycle 2021 Blackboard Course** who have completed the necessary requirements to qualify for a HPAC Interview, may begin to bring your requested materials to 200 Clark Hall during walk-in hours to have your pre-application reviewed and sign-up for a committee interview starting on **Monday, January 27th**. Walk-in hours are available from 1:00 p.m.—3:30 p.m. Monday-Thursday.

- **The College of Arts & Sciences** is accepting applications for Student Ambassadors. Student Ambassadors should be knowledgeable about the College & University, and have interest in working with students, administration, donors and friends. Ambassadors work closely with the A&S Office of Development and the Office of Student Services. Please visit [http://ambassadors.as.ua.edu/application/](http://ambassadors.as.ua.edu/application/) for more information.

- **SAVE THE DATE!** The 18th Annual McCollough Medical Scholars Forum will be held on Friday, February 7th. Details TBA.

- University of South Alabama College of Medicine’s **D.R.E.A.M. (Diversity Recruitment and Enrichment for Admission into Medicine) program** is currently accepting applications. Ideal candidates are first-generation college students who identify as being part of a group that is underrepresented, economically or educationally marginalized. Application closes February 15, 2020. Visit [https://www.southalabama.edu/colleges/com/administration/diversity/dream.html](https://www.southalabama.edu/colleges/com/administration/diversity/dream.html) for more information.

- **UADM** will host a healthcare professional panel, “**Hope and Healthcare**” on January 21st at 7:00 p.m. in 2008 North Lawn. Local healthcare professionals will speak about their experiences regarding undergraduate and professional school, current careers, and experience serving in the community. R.S.V.P. at [https://docs.google.com/forms/d/e/1FAIpQLSfMbF-BguoJehHeA_T0LrEj6sohDv_4Ig4xFbXBY_Oa6cjMw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfMbF-BguoJehHeA_T0LrEj6sohDv_4Ig4xFbXBY_Oa6cjMw/viewform).

**MARK YOUR CALENDAR**

- **January 8th**: Spring semester courses begin
- **January 15th**: Last day to add or drop a course without a grade of “W”
- **January 20th**: Classes dismissed for Martin Luther King, Jr. Day
- **January 27th**: OHPA HPAC interview sign-ups begin
- **February 8th**: ACOM Winter Open House—see attached flyer for details

*Items in RED are UA OHPA Events.*

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**RECOMMENDED READING**

- AAMC’s Press Release on December 10, 2019
  - [The Majority of U.S. Medical Students Are Women, New Data Show](https://www.aamc.org/news-room/press-releases/199685)

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**Happy New Year from the Office of Health Professions Advising**

- Ms. Lanna Johnson, A-F
- Mrs. Eve Machado, G-L
- Mrs. Latandra Smith, M-S
- Mrs. Marian Denham, T-Z

[prohealth.ua.edu](http://prohealth.ua.edu)
REMINDER
ALOMA’S MENTORSHIP DAY
FOR
Pre-Med Students & Advisors

Become a Competitive Medical School Applicant

Learn the History of Osteopathic Medicine in Alabama
Attend an Admission Presentation by ACOM & VCOM
Interact with Current Medical Students through Panel Discussions and Research Presentations.
Explore Shadowing Opportunities with Alabama D.O’s at the Mentorship Reception

Register at Online Registration (www.aloma.org)

Where: Ross Bridge-Birmingham
When: Friday, February 21, 2020
Time: 1:00pm – 7:30pm
Physician Scientist Interest Day
FOR
Underrepresented Students

February 29, 2020
12 – 5 PM
UMMC School of Medicine

What is MD-PhD?
Tours
Student Research Projects
UMMC Student Resources
Lunch
Door Prizes - including MCAT prep

What You'll Get

Underrepresented Students in the MD-PhD pathway include, but are not limited to:
- Black or African Americans
- Members of the LGBTQ+ Community
- Members of the Latinx community
- People with disabilities
- Women of any race/ethnicity

We believe this would be most beneficial to undergraduates in the freshman through junior years, but students at any stage are welcome.

Register for free at:
https://www.umc.edu/graduateschool/Current-Students/Student-Life/News-and-Events/Events.html
For more information, contact Meredith Cobb (mbcobb@umc.edu)