McCollough Medical Scholars Forum

The 18th Annual McCollough Medical Scholars Forum will be held on Friday, February 7th in the Shelby Hall Rotunda.

The McCollough Medical Scholars Forum, sponsored by The University of Alabama’s College of Arts and Sciences, was established by Alabama physician Dr. Gaylon McCollough and his wife, Susan, who are both beloved UA alumni. The Forum’s aim is to emphasize the importance of liberal arts education in the study and practice of medicine. Students have an opportunity to engage in conversation with our guest speakers, invited health care professionals, and faculty members, and other guests of the College, regarding humanistic and social issues in medicine.

Over the years the Forum has established a strong reputation of providing opportunities for connection and conversation between future doctors, current medical students, current practitioners, and the healthcare community.

Keynote speakers include Mr. Mark Scott, Director of Admissions at the University of South Alabama College of Medicine, Dr. Daniel Potts, Attending Neurologist, Tuscaloosa VA Medical Center and Founder and President of Cognitive Dynamics Foundation, and Dr. Gaylon McCollough, Founder and Host of the McCollough Medical Scholars Forum.

This event is free to all participants and dinner will be provided during the event. Students may register for the event by clicking the following link: https://universityofalabama.az1.qualtrics.com/jfe/form/SV_bNuqwogNTCKwZiR. Registration will close on February 3rd. This event is open to current pre-health students as well as pre-health alumni from our university. Register early as space is limited.
Sophomore Mock Interviews

By your third semester at UA you should have demonstrated an academic and co-curricular commitment to your health professional aspirations. Mock Interviews are one-on-one, 30-minute sessions that allow you to receive feedback and ask questions that you may have related to a health professional school. Sign-up sheets will be available at the front desk of 200 Clark Hall one week prior to interview date.

The University of Mississippi School of Medicine will conduct mock interviews on Tuesday, February 11th & Wednesday, February 12th.

The University of Missouri College of Veterinary Medicine will conduct mock interviews on Tuesday, February 18th. Pre-Vet students of any class standing are welcome to sign-up.

The University of Alabama School of Medicine will conduct mock interviews on Wednesday, February 26th.

Announcements & Important Dates

- Spring 2020 Health & Social Services Fair will be held on Monday, February 3rd from 12 Noon - 3:00 p.m. in the Ferguson Ballroom. Students will have the opportunity to meet with employers and discuss full-time job and internship opportunities. DCH, Children’s of Alabama, Brookwood Baptist Health and many others will be present. Register to attend via Handshake. Visit https://career.sa.ua.edu/connect/career-fairs/ for more information.

- The College of Arts & Sciences is currently hiring Peer Advisors. Please see attached flyer for details.

- Project Horseshoe Farm Application Deadline is February 23rd. See attached flyer for more information.

February 5th: Registration opens for July—September 2020 MCAT test dates.
February 7th: McCollough Medical Scholars Forum.
February 8th: ACOM Open House, 8:30 a.m.—Noon. See attached flyer for details.
February 12th: Last day for students enrolled in the CY21 Blackboard Course to turn in Cycle 2021 documents.
February 21st: ALOMA Mentorship Day. See attached flyer for details.
February 29th: Physician Scientist Interest Day for Underrepresented Students at UMMC. See attached flyer for details.
*Items in RED are UA OHPA Events.

Pre-App NOT turned in? Be our Valentine! Turn it in EARLY! Don’t wait for the deadline!

HPAC Pre-apps DEADLINE 2/12

OHPA Walk-in Hours: Monday - Thursday, 1:00 p.m. - 3:00 p.m.
We're Hiring!

College of Arts and Sciences

Peer Advisors

Criteria:

- Enrolled in the College of Arts and Sciences
- Good communication skills
- A minimum GPA of 2.5
- Must be at least a sophomore by the end of Spring 2020 semester

Stipend: $1250

Apply Now

https://universityofalabama.az1.qualtrics.com/jfe/form/SV_5BTQhoE92tUTWEI
REMINDER
ALOMA’S MENTORSHIP DAY
FOR
Pre-Med Students & Advisors

Become a Competitive Medical School Applicant

Learn the History of Osteopathic Medicine in Alabama
Attend an Admission Presentation by ACOM & VCOM
Interact with Current Medical Students through Panel Discussions and Research Presentations.
Explore Shadowing Opportunities with Alabama D.O’s at the Mentorship Reception

Register at Online Registration (www.aloma.org)

Where: Ross Bridge-Birmingham
When: Friday, February 21, 2020
Time: 1:00pm – 7:30pm
WINTER OPEN HOUSE
ALABAMA COLLEGE OF OSTEOPATHIC MEDICINE
DOTHAN, ALABAMA

Saturday, February 8, 2020
8:30am-12noon

Welcome
College & Curriculum Overview
Guided Campus Tour
Osteopathic Manipulative Medicine Presentation
Patient Simulation Presentation
Q&A Panel

REGISTER TODAY ONLINE AT WWW.ACOM.EDU/OPEN-HOUSE

FOR MORE INFORMATION, CONTACT ACOM ADMISSIONS AT (334) 699-2266 OR ADMISSIONS@ACOM.EDU
Physician Scientist Interest Day
FOR
Underrepresented Students

Hosted by the University of Mississippi Medical Center MD-PhD Program in conjunction with the American Physician Scientists Association

What is MD-PhD?
Tours
Student Research Projects
UMMC Student Resources
Lunch
Door Prizes - including MCAT prep

What You'll Get

Underrepresented Students in the MD-PhD pathway include, but are not limited to:
- Black or African Americans
- Members of the LGBTQ+ Community
- Members of the Latinx community
- People with disabilities
- Women of any race/ethnicity

We believe this would be most beneficial to undergraduates in the freshman through junior years, but students at any stage are welcome.

Register for free at:
https://www.umc.edu/graduateschool/Current-Students/Student-Life/News-and-Events/Events.html
For more information, contact Meredith Cobb (mbcobb@umc.edu)

February 29, 2020
12 – 5 PM
UMMC School of Medicine
FROM THE DIRECTOR
MESSAGE FROM JOHN DORSEY, M.D.

A key part of Horseshoe Farm’s mission is to work with and build on the strengths of our community. This part of our mission highlights two important ways in which we approach our work. First, instead of starting with “needs assessments” or trying to address weaknesses, we believe that it is a far more effective starting point to identify and build around the many existing strengths in our community. Second, we actively seek to pursue our work with our community, and believe that we are not succeeding unless our community is succeeding. We always have more work to do in fully living up to our values, but we are grateful to our partners and believe that the greatest community successes can be achieved only by working together.

FROM THE 2018-19 FELLOWS

Our 10th class of fellows hailed from ten different states and from schools in every region of the United States. Our class is so grateful to have been welcomed with open arms, enjoying our time spent with friends, volunteers, adoptive families, partner organizations, and so many others. From exciting Alabama (Roll Tide!) and Auburn (War Eagle!) football games to a friendly, back-yard sing-off (Kevin still claims his class won, but we know the truth Kevin!), to a delicious supper with the Rhodes’ family (Jack spoils us rotten!), to a 4th of July BBQ with Michael Ryan’s and his family, to a scary evening at Haints and Haunts Festival in Demopolis with Kirk Brooker, to a private painting lesson with Caroline Cutler, to picking vegetables with Bobby Williams, to ending the year riding ATVs with Larry Burt (is this much fun really legal?). The amazing experiences and memories that we have had in our year in Alabama are too many to count, but we wanted to express our thanks to everyone who has helped make such a wonderful year for our whole class – thank you from Class X!!!

ADULT COMMUNITY CENTER PROGRAMS CONTINUE TO GROW

We are very fortunate to have such an incredible downtown space (the historic Old Greensboro Hotel building) to host community center programs for seniors, adults living with disabilities or mental illness, or anyone who just wants to come by to enjoy the spirit of fellowship, friendly faces, and good fun. We are grateful to our local Churches for continuing to supply such wonderful meals for the programs. Some of our new offerings at the center this year included new exercise groups – Ben says “You’ve got to move it, move it!,” meditation groups and Bible study, book club, monthly pet therapy in partnership with Laurie Nevin and our local animal shelter, and a weekly farm-stand with produce in partnership with BDA Farm. As our programs continue to grow, we are excited to be nearing completion of a new fitness area as well as a new Main Street store space. We are also grateful to be partnering with the Auburn Rural Studio architecture program (go Zach, Claudia, Caleb, and Claire!!!) to build a beautiful new courtyard at the community center, which they hope to complete by early 2020. ATVs with Larry Burt (is this much fun really legal?). The amazing experiences and memories that we have had in our year in Alabama are too many to count, but we wanted to express our thanks to everyone who has helped make such a wonderful year for our whole class – thank you from Class X!!!
A SECOND HORSESHOE FARM SITE LAUNCHED IN MARION, ALABAMA

Thanks to two of our second year Fellows, Brooke and Tim, and the welcome they received from so many in the Marion community, the launch of our second location was a success. Brooke and Tim partnered with the Marion Nutrition and Activities program to bring added energy and new programming. They also partnered with Francis Marion Elementary School, receiving wonderful support from Elementary School Principal Dr. Cathy Trimble and third grade teacher Mrs. Kedra King. Through this partnership, Tim and Brooke provided in-class support three times per week (“Power Hours”) to students in Ms. King’s classroom and we hope to expand to other classes in the coming year. To support improved healthcare, they worked with Dr. Shane Lee to provide home visits, transportation, support navigating the health system, and social support to patients who Dr. Lee saw could use an extra helping hand. Beyond their daily work, Tim and Brook discovered the warmness, richness, and hospitality of the Marion community and have been grateful to get to know and become a part of the community in so many other ways. We are excited to be expanding the Marion site to four Fellows in 2019-20 with the team led by one of our outstanding returning second year Fellows, Zavier Carmichael.

ENHANCED INDEPENDENT LIVING HOUSING
A KEY TO INDEPENDENCE AND QUALITY OF LIFE

Project Horseshoe Farm supports three enhanced independent living homes for women, including women living with mental illness. Past Fellows have set an example by showing such strong commitment to and care for the women in the programs. Working with the women in the housing programs has been one of the highlights of our year as Fellows. It is hard to describe the humanity and love that has shaped our hearts through this experience and how we will take this with us for the rest of our lives. In anticipation of growing needs to help support women to live independently, we are grateful to be working with the Auburn University Rural Studio architecture program (thank you Lauren, Sydney, Gavin, and Frank!) to design and build new housing that will give greater flexibility in our offerings for women and will be completed by late 2019.

YOUTH PROGRAMS – DEVELOPING SKILLS OF EMPLOYABILITY AND SUCCESS

As our K-12 youth programs (run in partnership with Greensboro schools) continued to grow, we continued our emphasis on skills of employability and success with all of our students. As an example, we launched a YouthWorks program for middle and high school students. We formed teams that started a car washing business, developed an apparel business, and led the preparation of 40+ meals each week in our “meals-on-wheels” type program. For the coming year, we are grateful to be working with Ms. Richey and teachers at Greensboro Elementary School to begin providing in class support to students while continuing to provide after school programming 4 days per week.
EXPANDING OTHER PARTNERSHIPS AND DEVELOPING NEW FELLOWSHIP TRACKS

Working with Hale County Hospital to Improve Community Health: We are grateful to have had the opportunity to work with Hale County Hospital nearly from the beginnings of Horseshoe Farm. To build on this partnership, Hale County Hospital and its CEO, Shay Whaley, are graciously sponsoring 2 “Hale County Hospital” Fellows for the coming year. These Fellows will provide extra community-based support to vulnerable patients, develop community outreach programs with Greensboro Elementary School and the Newbern Library, provide administrative support to the hospital, and serve the community in other ways. The Hospital is an underappreciated jewel in our community and we are thankful to be expanding our partnership with Shay and her wonderful team.

Farming, Health, and Nutrition – Working with BDA Farm to Bring Healthy Eating to Horseshoe Farm: In the past year, we began a farm-stand that offers fresh produce straight from Bois d’Arc Farm (BDA Farm) as well as from donations from local gardens. This year we are expanding our partnership with BDA Farm and launching an innovative new Farming, Health, and Nutrition track for 2 fellows. The Fellows will spend half of their time working and learning at BDA under the guidance of Kyle Platt. The remainder of their time will be spent working to make a positive impact through nutrition as they increase our emphasis on healthy eating with our participants, ladies in our housing programs, and students in our after-school programs.

LOOKING BACK AND LOOKING AHEAD

It is hard to believe that with our current class of Fellows, more than 90 Fellows and more than 50 interns have participated in Horseshoe Farm’s leadership development programs over our first ten years. To celebrate, our fearless second year Fellow, Morgan Zabow, put together a wonderful 10 Year Anniversary Reunion Celebration. Horseshoe Farm alumni from all of the country came back to Greensboro. True to the spirit of Horseshoe Farm, the day started with a morning work day of painting and scrap ing at our community center. Then Fellows enjoyed catching up with community members and Horseshoe Farm participants at a beautiful luncheon catered by Pie Lab and the Stable. Later that evening, Fellows let their hair down with a sing-off competition between classes and dancing the night away at our community block party. The love and joy was palpable in the smiles, hugs, and affection seen among the Fellows as they reunited with one another, with participants, and with so many friends from Greensboro and the broader community.

At the same time we were saying our goodbyes and celebrating our first ten years, we welcomed our largest class yet of 21 Fellows for the 2019-2020 year. The new class will be led by our two returning second-year fellows, Ninna Mendoza and Javier Carmichael. After a competitive recruitment season, we’re excited to see how the new fellows take the lead in Greensboro and Marion. We are so grateful to the many generous donors, partners, volunteers, and the Greensboro and Marion communities who have helped us to make all of this work possible. Thank you!
WELCOMING NEW FACES TO HORSESHOE FARM

We want to welcome two outstanding leaders who have joined the Horseshoe Farm Team. Sarah C. Hallmark from Demopolis, Alabama hit the ground running since starting as our new Assistant Director in April, 2019 – please drop by to say hello. In addition, we are grateful that the Honorable Judge Don McMillan joined Project Horseshoe Farm’s Board of Directors this spring. He has done so much to help with the launch of the new site in to Marion and to help get Tim and Brooke settled, and he brings such a wonderful spirit of care for the community.

2018-2020 FELLOWS

2018-19 INTERNS
- Morgan Alexander, University of Alabama
- Nadia Anabtawi, University of Alabama Birmingham
- Lindsey Baroch, PA Student, University of Alabama Birmingham
- Madeleine Conrad, University of Michigan
- Elijah Goldberg, Williams College
- Donna Hill, medical student, Alabama College of Osteopathic Medicine
- Maria Hill, University of Alabama Birmingham
- Jeff Katra, medical resident, Hilo, HI
- Victor Liu, medical student, St. George’s University
- Nila Masha, Duke University
- Tereza Molfino, medical resident, Philadelphia, PA
- Uttsav Sandesara, medical student, Alabama College of Osteopathic Medicine

UAB Nursing Students led by Dr. Elizabeth Crooks

WELCOMING THE 2019-2020 M FELLOWS
- Ninna Mendoza (2nd Year Fellow), Augustana College
- Lydia Abma, Calvin College
- Katie Blankemeyer, Penn State University
- Morgan Bond, Western Washington University
- Grace Chamberlin, Williams College
- Anita Ho, Scripps College
- Jordan Lazarus, The University of Michigan
- Bridget O’Brien, The University of California Berkeley
- Sophia Orlando, The University of Washington Seattle
- Kayla Rykiel, The University of South Florida
- Catie Sanders, The University of San Diego
- Christine Tanna, Williams College
- Jintana Williams, Wesleyan University

Hospital Fellows – in partnership with Hale County Hospital
- Sonya Bedge, Oregon State University
- Reem Ghanem, Stanford University

Farming Health and Nutrition Fellows in Partnership with BDA Farm
- Jade Fredrickson, Texas Christian University
- Rogelio Oliva, Amherst College

Marion Fellows
- Zavier Carmichael (Second Year Fellow), Duke University
- Jennifer Gamble, The University of Georgia
- Reed Miller, The University of South Alabama
- Mary Zhou, The University of California Berkeley

HORSESHOE FARM BOARD OF DIRECTORS:
John A. Dorsey, M.D., Psychiatrist
Hale County Hospital
Kirk Brooker, Director
Marengo County Historical Society
Tom Dwyer, MBA, Budget Director
Amherst College
Susie Harris, Manager, Greensboro/Uniontown Offices
Alabama Power
Marietta Holmes, Public Information Officer
Marion Military Institute
Honorable Judge Donald L. McMillan, Circuit Judge
Fourth Judicial District of Alabama
Frances W. Roberts, Community Leader
Demopolis/Newbern, Alabama
Michael Ryan, Superintendent
Hale County Schools

CLASS 10

2018-2019 FELLOWS
Zavier Carmichael
Taven Findlater
Winona Gbedey
Amy He
Ninna Mendoza
Ben Metrigin
Shivam Patel
Katherine Stanton
Davis Temple
Anna Wood
Amy Xu
2nd-Year Fellows
Brooke Hess
Timothy Huang
Morgan Zabow