Bama Bound Orientation 2021!

Office of Health Professions Advising (OHPA) Services
Health Professions Advising Team

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You can find this information also [HERE](http://www.prehealth.ua.edu) on our website or in our monthly newsletters!
We serve Pre-Health students from all majors across the UA campus.
Pre-Health Programs That We Advise For:

- Medical
  - Allopathic (MD)
  - Osteopathic (DO)
- Dental
- Pharmacy
- Veterinary medicine
- Optometry
- Physical Therapy
- Physician Assistant
- Occupational Therapy

**Nursing students are served by our College of Nursing**

**Public Health students are served by our College of Human Environmental Sciences**
Services We Provide

- A listserv (email list) that provides regular announcements about opportunities for shadowing, research, workshops, and pre-health track specific programming
- Counsel students on healthcare career choices
- Help students plan undergraduate program
- Assist in decision-making for professional programs
- Offer support throughout application process
- Connect to campus and community resources
Become Familiar with Our Website

- Know where your pre-health guide is!
- Make an appointment with a pre-health advisor!
- Join the listserv (do this ASAP)
- Add/remove pre-health tracks to DegreeWorks
- Access our monthly newsletter
- Learn more about our student organizations!
Meet with a Pre-Health Advisor

Plan to meet with a pre-health advisor at least once per year, but more often if necessary.

Appointments (half hour time slots) can be made using the A&S Advising Appointment System. [https://appointment.as.ua.edu/](https://appointment.as.ua.edu/)

Walk-in advising for quick questions
Monday-Thursday
1pm-3:30pm weekly
200 Clark Hall
Our Goal as Advisors...

Help you to make a plan for when you would take your chosen standardized test (ex: MCAT, DAT, PCAT, etc.) and work with you to build in the foundational prereq classes into your schedule over time.

Ask you thoughtful, reflective questions about your motivations for this career, academic progress, and overall preparedness throughout your undergraduate career.
Get Familiar: Metrics, Attributes, and Experiences

• Grades and tests are important, but the “extras” get you an interview and the acceptance!

• Professional Schools consider this a holistic approach or “Holistic Admissions”.

• Many professional school programs are looking at the following:
  • Shadowing (while in college) in the health professions area that you are interested in
  • Clinical experience
  • Research experience
  • Community service (does not have to be health related)
  • Leadership and more!
Tips Moving Forward

Academic & Career Exploration:
• Consider your undergraduate major
• Research your intended profession and others, now!

Grades are your #1 priority and must be excellent.

Make advising appointments! We are here to help!

Use all of the resources available to you.
• Explore campus opportunities
• student organizations
• counseling services
• Capstone Center for Student Success (tutoring)
• Advising (Pre-Health and Major Dept.)
Stay Connected to Us!

- Join our pre-health listserv: https://listserv.ua.edu/cgi-bin/wa?SUBED1=prehealth-l&A=1

  THIS IS IMPORTANT!!!

- Follow us on Instagram and Twitter
  @bamaprehealth

- Bookmark the Office of Health Professions website in your computers/tablets.
  www.prehealth.ua.edu
Hey Parents!
We have a Tab on our website just for you!

Learn more about what your student should be doing year-by-year
Got Questions?
Email us!
prehealth@ua.edu