Get Connected!

It is important now more than ever to connect with your university peers who have similar career interests. Being actively involved in a student organization helps develop your communication, leadership, networking, and teamwork skills as well as providing you with a sense of community. All of the below student organizations are advised by the Office of Health Professions Advising and are continuing to meet virtually this semester. Reach out to your pre-health student organization below to get connected today!

Alpha Epsilon Delta (AED) / bamaaedpresident@gmail.com (for all pre-health tracks)
Pre-Dental Society / predentua@gmail.com
Pre-Physician Assistant Society (PPAS) / ppas.alabama@gmail.com
Pre-Pharmacy Society / uaprepharm@crimson.ua.edu
Pre-Occupational Therapy Society / uapreot@gmail.com
Pre-Optometry Society / nmiskolzi@crimson.ua.edu
Pre-Physical Therapy Society / preptssocietyua2@gmail.com
Pre-Veterinary Society / prevetalabama@gmail.com
Students United with America’s Toothfairy / uatoothfaire@gmai.com

Student Organization Spotlight! Emily Chestnut, a Biology and Spanish major on the pre-medical track, founded Students Supporting Healthcare Workers (SSHW) during the beginning of the coronavirus pandemic to help healthcare professionals in any way possible. So far this organization has been able to devote over 300 hours of service in hospitals and certify 40 of its members in CPR & First Aid training. This organization also helps with rural health care projects in underserved communities of Alabama. To get involved with SSHW, you may contact the club’s president at sshwua@gmail.com.

There are more than 500 student organizations available to you on campus. For a comprehensive list of student organizations at UA, please visit The Source’s website at https://thesource.sa.ua.edu/.
Announcements & Important Dates

- **Pre-applications are due February 17th for applicants in the OHPA Cycle 22 Blackboard Course!**

- Seeking service and leadership experience? **Al’s Pal’s** is a student organization seeking new student mentors. Please see attached flyer for details.

- **AAMC’s 2021 Fee Assistance Program** application opens February 8th. Medical School applicants receive over $2,000 through the program to assist with the cost of the application process. Visit the [AAMC](#) for more information.

- **April—June MCAT Test Dates** will open on February 17—18. Visit the [AAMC](#) for more information.

- **Virtual Research Poster Competition through LSU Shreveport Medical School** Now accepting abstract submissions of original research to be judged by medical and graduate school faculty as part of this year’s virtual IDEAS Day at LSU Shreveport Medical School. This event emphasizes relating emerging research to the general public, and selected presenters will be evaluated with that goal in mind. Interested students should submit their abstracts by February 24th to malva5@lsuhsc.edu with subject line “IDEAS Day Abstract.” Please include your name, email address, phone number, research title, current major, and estimated graduation date. Students selected to participate will be asked to submit a video presentation by March 10th. This is an excellent opportunity for all pre-health students to hone their presentation skills, boost their CV’s, and get some great name recognition.

- **Samford McWhorter College of Pharmacy** will host a virtual Open House on Monday, February 11th from 5:00 p.m. - 6:30 p.m. For more information and to register, please visit [https://www.samford.edu/pharmacy/events/MSOP-Feb-Open-House](https://www.samford.edu/pharmacy/events/MSOP-Feb-Open-House).

- **UAB School of Medicine Preview Day** UABSOM will host a **Virtual Preview Day** on Friday, February 12th from

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**MARK YOUR CALENDAR**

**February 15th**: Classes begin for Spring 2 term  
**February 17th**: OHPA Pre-App Due for Cycle 22 students enrolled in the Blackboard course  
**March 20th**: Last day to drop a course with a grade of “W” for spring full term  
**March 22nd**: Summer & Fall Course Registration begins for seniors and upper classmen  
*Items in RED are UA OHPA Events.*
RECOMMENDED READING FOR PRE-HEALTH MEDICAL STUDENTS

"ALL THE ESSENTIALS IN SELECTING MEDICINE AS A CAREER"

"Dr. E. Gaylon McCollough guides and informs the reader of all the essentials in selecting medicine as a career. This book is not just for students entering medical education; it is a manual for those in medical school, in residency, post graduate training, and for those launching a career in medicine or surgery. It is a lifetime and timeless book."

Clifton E. Meador, MD
Dean, UAB College of Medicine, 1966-73
Prof Medicine Emeritus, Vanderbilt University

"... a 'soup to nuts' trove of information that will resonate with a wide audience of persons interested in the practice of medicine. It will serve as a resource to these persons at various stages in career development as each one pursues becoming a 'phenomenal physician.'"

Samuel J. Strada, Ph.D., Dean Emeritus,
University of South Alabama College of Medicine, Mobile, Alabama,

"... one of the most thorough documents I have read for premed students... a treasure of knowledge and experience"

Linda W. Goodson, RN
Director of Admissions and Enrollment,
Alabama College ofOsteopathic Medicine, Dothan, AL

"... a masterful guide for anyone who is interested in the medical professions."

Ted Porter, Ph.D.
Director, McCollough Institute for Pre-Medical Scholars
Professor of Philosophy, University of Alabama

"All those striving to enter the field will find this sage advice timeless, robust, and to be the foundation of a thriving practice."

Hayes V. Whitfield, MD, FACS
Chief Medical Officer
PreAssurance Corporation, Birmingham, AL

"... shines a light onto the abyss of intricacies within the medical admissions process..."

Matthew T. Epps, MD, MS
Plastic Surgeon & AATJFRS Fellow

"... one of the best gifts anyone pursuing a career in the medical industry could possibly receive."

Austin Bowling
Pre-Medical Student, University of Alabama

DR. E. GAYLON MCCOLLOUGH IS A WORLD-RENOWNED SURGEON, AUTHOR, AND SPEAKER — A "RENAISSANCE MAN" AND RECIPIENT OF THE UNITED STATES SPORTS ACADEMY'S 2015 THEODORE ROOSEVELT MERITORIOUS ACHIEVEMENT (FOR COMPLETE BIO, SEE PAGE 254)

SPECIAL UA STUDENT RATE: $20

TO PURCHASE, CONTACT:
JENNIFER@MCCCOLLOUGHINSTITUTE.COM
Al’s Pals is a community service organization, run by The Center for Service and Leadership, where university students mentor elementary students in the Tuscaloosa community.

Al’s Pals mentors commit one afternoon weekly, from 3:00 – 5 p.m. for 10 weeks, during the semester to serve elementary students in 1st through 5th grades at multiple local school sites.

We are currently recruiting for the Spring 2021 semester! Interest Sessions are going on NOW! To mentor, you will need to attend an interest session and apply! Follow us, attend a session, & sign up to make a difference!

**New Mentor Application**
You MUST attend an interest session for your application to be considered.

**INTEREST SESSION DATES:**
JAN 19–22, 3-4 PM  
JAN 25-FEB 10, 5—6PM

**ZOOM ID:** 95029826640

**FOLLOW US!**

*Instagram: @alspalsua  
Twitter: @AlsPalsUA  
Facebook: Al’s Pals Mentorship Program  
Email: alspals@ua.edu*
SCHOLARS PROGRAM - AVAILABLE POSITIONS

Behavioral Health Assistant (1 position)
To support the daily activities of the behavioral health work area including support for patients, members, behavioral health team members and volunteer/contract providers. Strong computer and interpersonal skills required. Strong applications should have a demonstrated interest in psychiatry, psychology, social work or counseling.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

Nutrition Hub Scholar (1 position)
The Scholar works under the guidance of the Manager of Nutrition and Wellness Education. This rotation requires the scholar to speak Spanish fluently, strong interpersonal skills, competence in nutrition background knowledge, as well as good organizational and time management skills. The Scholar must be able to meet deadlines and work within a defined time-frame, prioritize tasks/responsibilities, and concentrate for extended periods of time on detailed materials. Duties will include daily management of clinical referrals to the Registered Dietitian and EMR reporting, as well as assist the Nutrition Team with community cooking classes and other programming.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

Health Care Administrative Assistant (1-2 positions)
The Health Care Administration Assistant will be assigned tasks to specific areas of Church Health Integrated Health. Some of these tasks include, but are not limited to, working with the Methodist Outpatient Pharmacy, surgery clinic, data entry and mining, handling in and outgoing mail, as well as, faxes, assisting with note taking in meetings and functions as night clinic scribe. This position will also work closely with the social work, compliance and quality improvement and quality assurance areas. Applicant must be interested and up to date on public health and health administration principles.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

Referral Clinic Assistant (4 positions)
Referral Clinic Assistants are responsible for managing on-site specialty care clinics and scheduling diagnostic tests for all Church Health patients. During clinic sessions, Referral Scholars work side-by-side with volunteer sub-specialty physicians. Referral Scholars carry out scribe functions including order entry in the electronic medical record, review of the patients' histories, and finalizing clinic consult notes. Pre and post visit responsibilities include managing waitlists, scheduling appointments, and document entry in the electronic medical record. Referral Scholars also manage diagnostic test orders. This includes scheduling diagnostic tests, communicating appointment information/pre-test instruction, and reconciling orders by providing reports to the patient’s primary care provider.

General schedule is M-F, 7 a.m.-5 p.m. with some Saturday mornings. Hours may be flexible depending on start time of specialty clinics.
**Optometry Assistant (1-2 positions)**
The Optometry Assistant Scholar will support the daily activities of the optometry clinic by assisting in scheduling, answering inboxes, and calling and returning patient phone calls. The position will also provide support by helping with eye exams, tracking optometry data, and assisting with any quality improvement projects within the clinic. Interested applicants should be geared to applying for medical and/or optometry school.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

**Physical Rehabilitation Assistant (1-2 positions)**
The purpose of the Church Health Scholar position is to perform thought-provoking work that 1) provides on-the-job education and opportunity for knowledge, skills & competency development in a health care, nonprofit administration, or community wellness professional field; and (2) provides service to uninsured people of Memphis and/or supports the programs that provide these services. Located at Crosstown Concourse, The Physical Rehabilitation Scholar will assist with the everyday functions of the CH Physical Rehabilitation department both clinical and administrative.

General schedule is between M-Th-start between 7-7:30 a.m. and end between 4-5:30 p.m.; F-7:00 a.m.-12:00 p.m. Scholars need to be able to flex their schedule for this position and hours are open to some negotiation.

**Dental Assistant (2 positions)**
The overall purpose of this position is to assist chair-side as well as assume responsibilities and specific tasks to various areas of the Church Health Dental Clinic designed by the Manager, including performing routine sterilization, assisting with impressions and minor denture repair.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

**Medical Clinic Assistant (2 positions)**
Will report directly to the nurse manager. Duties may include assisting with medical clinics, clerkship in the pharmacy, answering incoming calls, patient intakes, and scribing during night and Saturday clinics. There will also be administrative duties such as mail and fax distribution, scanning, and data entry.

General schedule is M-F, 8:00 a.m.-5:00 p.m.

**The Well Assistant (2 positions)**
The Well scholar position acts as a liaison between our Well Associates and the Well leadership team. The Scholar(s) serve in the capacity of service to children ages 6 weeks-12 years old and their families; providing direct service, as well as working on individual meaningful projects to expand on the individual’s gifts and talents in conjunction with The Well program’s needs. More specifically, scholars, have an opportunity to focus on desired projects in the ministry at Church Health and in the community pertaining to their future goals and shadow professionals in that field. Additionally, scholars meet regularly together to learn collaboratively on different topics related to Church Health and fellowship through engaging activities and professional development opportunities.

General schedule is M,W,Th 10:00 a.m.-8:00 p.m.; Tuesday 8:00 a.m.-5:00 p.m.; Saturday 8:00 a.m.-1:00 p.m.
Founded in 1987, Church Health is a charitably-funded, faith-based not-for-profit that provides comprehensive, high-quality, affordable health care to uninsured and underserved people and their families and gives people tools to live healthier lives. With the generous support of volunteer providers, the faith community, donors and community partners, we work tirelessly to improve health and well-being so that people can experience the full richness of life.

Clinical
Church Health delivers patient-centered primary and specialty healthcare to working uninsured people and their families. Patients pay fees on a sliding scale based on their income and are supported by Church Health staff providers and our large network of volunteer providers, hospitals and labs across Shelby County.

Dental
Church Health Dental provides high-quality comprehensive care, from cleanings to oral surgery to complete dental reconstruction.

Eye Care
In partnership with the Southern College of Optometry, Church Health is home to one of the only community eye clinics in Shelby County, Tennessee.

Behavioral Health
Church Health staff and a network of volunteer professionals provide support for depression, anxiety, stress, grief, addiction and family conflict.

Physical Therapy
Our Physical Therapy team works with patients who have encountered pain and limited mobility due to chronic disease, injury, stroke and much more.

In FY20, Church Health had 55,617 patient encounters.

Our Dental Clinic sees more than 450 patients per week and performs more than 3,000 procedures each month.

More than 85% of Church Health patients live at or below the federal poverty level. That is a family income of below $25,750 per year.

ChurchHealth.org/Give
Nutrition  
Church Health provides classes, workshops and activities for patients, healthcare students and professionals and the community at-large in our world-class Nutrition Hub.

The Well  
Home to Church Health’s prevention and wellness programs for children ages 6 weeks to 12 years old and their families, The Well offers dynamic research-based programming focused on physical activity, nutrition, body image, self-esteem, safety and violence prevention.

Church Health Medical Residency  
In partnership with Baptist Memorial Health Care Family Medicine Program, Church Health serves as a foundation for new doctors by offering training, curricula and physician role models.

MEMPHIS Plan  
For more than 20 years, Church Health has offered the MEMPHIS Plan, a healthcare plan for small businesses and self-employed people that relies on donated services from our robust clinical volunteer base. This affordable plan gives members access to primary care, hospitals, diagnostic services and specialists.

Faith and Health  
Church Health provides extensive health ministry training and guidance to clergy and lay leaders throughout the world.

To learn more about Church Health, visit ChurchHealth.org
Church Health Service-Learning Programs

Our Service-Learning Programs seek to build future leaders at Church Health, a faith-based health care organization in Memphis, TN. These programs have helped many participants launch careers as medical providers, community leaders and healthcare professionals.

• Gain hands-on professional experience in the medical and nonprofit fields.
• Engage in a learning community, focused on the faith and health.
• Explore your passion through community service and structured social events.

Church Health Scholars

ChurchHealth.org/Scholars

The Scholars is a gap-year service-learning fellowship for recent four-year college graduates interested in equitable healthcare, serving underserved populations and exploring the intersection of faith and health.

• Service areas include: Optometry, Dental, Medical, Nutrition Hub, Youth Health Prevention and Wellness, and Physical Rehabilitation
• Full-time, paid positions with benefits
• Applications accepted October-February; program runs June to June (one-year assignment)

Explore your future in health care. Learn more about the Scholars Program:
Meet our Scholars Webinars! Join our Scholars in our Meet the Scholars Webinar series! Each webinar will feature different Scholars and their supervisors as they discuss their experiences with the program and at Church Health and address questions from the audience. Live event schedule, registration and past recordings can be found on our Program page at ChurchHealth.org/Scholars

See our Day in the Life series! Scholars take over our social media for a day as they share their stories and some of their daily experiences. New episodes can be found on social media and on our Available Positions page at ChurchHealth.org/Scholars.

Facebook: @churchhealthmemphis LinkedIn: churchhealth
Instagram: @churchhealthmemphis #churchhealthscholar #dayinthelife

Church Health Internships

ChurchHealth.org/Interns

Church Health offers a variety of internship experiences that can help students grow personally and professionally. Students explore their passions and foster their gifts through many professional and educational opportunities.

• Service areas include: Dental, Business, Communications, Development, Resource Production, Faith Community Outreach, Wellness Education, ITS, The Well (Child Life), Healthcare Admin, Westberg Institute, UPP (Family Counseling)
• Internships offered during Spring, Summer and Fall semesters
• Commitments are 10-12 weeks at 8-10 hours per week
EARNING YOUR CROWN
{D.D.S/D.M.D}

Program Activities Include

- Mock Interviews
- Tooth Shade/Color Matching Workshop
- Financial Advisor & Specialty Speakers
- Military Scholarship Information
- Interview Fashion Show

FACEBOOK - /SNDAMARYLAND
INSTAGRAM - @SNDА.UMB

VIA ZOOM
MARCH 27 | 9 AM–4:30 PM

QUESTIONS? - IMPRESSIONSDAYUMB@GMAIL.COM