



THE UNIVERSITY OF ALABAMA
Health Professions
Advising
NEWSLETTER

Choosing a Major

As a student pursuing a pre-health track, you have no doubt begun wondering what might be the most beneficial academic area in which to major. The answer, as we tell all of our students, is to major in what you love. Major in a subject area—regardless of what it might be—that interests you and utilizes your academic strengths. The pre-health tracks set forth by the University are meant to fulfill those undergraduate academic requirements set forth by most professional schools in the US as well as help to prepare you to take the exams associated with your field (MCAT, DAT, OAT, GRE, PCAT). Check with the professional program that you are interested in for a more individualized list of prerequisite courses for admission.

So do not discount your passion for dance, graphic design, or your desire to understand the inner workings of the human psyche. Through the pursuit of a major that you love, you will provide yourself with plenty of opportunities to land a career that you will also love!

If you still need help choosing a major, make an appointment to see an advisor at www.as.ua.edu/appointment. Or visit the Career Center.

IMPORTANT DATES AND EVENTS

This Month:

9/1-Labor Day-No classes

9/4-Pre-Dent. Society meeting, Lloyd Hall, rm 226 @7PM

9/8-Pre-PT Society meeting, Lloyd Hall, rm 131 @6PM;

9/16-Pre-Opt Society meeting, @7PM

9/18-Pre-Dent. Society meeting, Lloyd Hall, rm 226 @7PM

9/22-Spring registration timetables available

9/30-Dr. Charles Woosley from Auburn School of Pharmacy

TBA: Pre-Pharm & Pre-OT Meetings

Making an Appointment with an Advisor

As the school year progresses, the advising office would like to share some tips and suggestions for seeking assistance from one of our advisors.

1. Walk-In Advising

- Less than 10 Minutes
- M-F from 12:30-4
- Not always a pre-health advisor
- Quick Questions or have a form signed (VMA, Add/Drop)

2. Appointments

- 30 minute sessions
- Discuss career track, choosing major/minor, create a 8 Semester Plan
- Discuss other issues requiring more one-on-one time

3. Changing a major/minor

- Can be done in MyBama→Student tab→"Mm" button
- Unless major/minor is outside of A&S

4. Course Scheduling for Freshmen Only

- Research courses you need prior to coming in
- Have an 8 Semester Plan filled out in Degree Works

5. Add/Drop Courses

- Know dates for dropping with a "W"

6. Email/Telephone Courtesy

- Just as if writing a formal letter, emails should contain a greeting such as "Hello Mr./Mrs. So-and So," as well as a closing, "Thank You".
- Whether by phone or email, always leave first and last name and CWID.
- Do not assume that we will know what your needs are by leaving brief, non-descriptive emails. The more info we have, the better we will be able to assist you.

ANNOUNCEMENTS!



- ✓ "Neurotalks" will take place on Thursdays @6:00PM in Galilee, room 200.
- ✓ Dr. Charles Woosley from the Harrison School of Pharmacy at Auburn University will be on campus holding sophomore mock interviews on September 30th. Be sure to check emails from the prehealth listserv for details!
- ✓ March 1st deadline for A&S Scholarship Applications! The application can be found on your MyBama.
- ✓ Kaplan will be holding a free, practice MCAT on October 4th in Lloyd Hall.

STUDENT ORGANIZATIONS



Spotlight on Alpha Epsilon Delta (AED) Pre-Health Honor Society



Alpha Epsilon Delta is UA's Pre-Health Honors Society dedicated to the encouragement and recognition of excellence in pre-professional health scholarship. We hold weekly meetings on Tuesdays at 7:00 p.m. in Lloyd 38, during which guest lecturers cover a wide variety of topics that will help better your understanding the field of Health Care and why you should enter it. We welcome ALL students engaged in the pursuit of professional health career, including medicine, dentistry, pharmacy, physical therapy, among others. We also sponsor many initiatives in volunteering, research, shadowing, and tutoring to encourage members to stay on the right track toward the professional school of their choice. For more information, visit aed.ua.edu or contact a member of the executive team.

Spotlight on Minority Association of Pre-Medical Students (MAPS)

MAPS represents the undergraduate and post-baccalaureate students of the Student National Medical Association (SNMA). The organization's unique connection with SNMA affords students opportunities that are often reserved for medical students. This is a great way to gain significant pre-medical volunteer and community service experience while learning about pressing issues in medicine and minority medical education. See what opportunities MAPS can offer you!