How Pre-Health Advising Works

Registration opens in October, so schedule your advising appointment soon. If you are a first-year student in the College of Arts & Sciences, you may schedule an appointment with your appropriate advisor [here](#). If you are a student in a different college, please contact them to find out how advising works there. If you are not a first-year A&S student, you should schedule an appointment with your faculty advisor first, and your pre-health advisor second.

**College of Arts & Sciences** first-year students should review the following:

- **Walk-In Hours**
  - Less than 10 minutes i.e., quick questions or have a form signed
  - M-F from 1:30 p.m. - 4:00 p.m. in 200 Clark Hall
  - Not always a pre-health advisor

- **Appointments**
  - 30 minute meetings to discuss career plan, choosing major/minor, create an 8 semester plan, course registration (for freshmen) or other topics requiring more one-on-one time
  - 15 minute meetings available for quick questions and course registration advising

- **Express Advising (for A&S freshmen only)**
  - Express sessions for first-year students who have spring courses planned
  - Details for express advising sessions will be announced closer to the date of spring course registration

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**Join our listserv!**
This is how we send out important info to pre-health students
Sophomore Mock Interviews

Interviews are one-on-one, 30-minute sessions that allow you to get feedback and ask questions that you may have related to a health professional school. Sign-up sheets will be available at the front desk of 200 Clark Hall one week prior to interview date.

**Dr. Charles Woosley** from Auburn’s Harrison School of Pharmacy will be conducting Sophomore Mock Interviews on **Wednesday, September 13th** in 200 Clark Hall. Interviews will begin at 9:00 a.m.

**Aaron Hux** from Samford’s McWhorter School of Pharmacy will be conducting Sophomore Mock Interviews on **Wednesday and Thursday, October 18th and 19th** in 200 Clark Hall. Interviews will begin at 10:00 a.m.

What are Sophomore Mock Interviews?

Most of the interviews that we bring to campus are called “Sophomore Mock Interviews.” By your sophomore year, (not academic hours), you should be able to have demonstrated academic and co-curricular commitment to your health professional aspirations. These interviews allow sophomores to receive constructive feedback and make **SIGNIFICANT CHANGES** prior to applying to graduate school.

Center for Academic Success

The [Center for Academic Success (CAS)](#) offers free tutoring and study skills workshops for all students. The CAS provides academic support designed to improve students’ academic performance. Programs and services are provided to help undergraduate students:

- Succeed in University of Alabama courses
- Improve study techniques
- Improve reading proficiencies
- Prepare for professional school and graduate school entrance examinations

Click below for tutoring session times:

- [Chemistry tutoring sessions](#)
- [Biology tutoring sessions](#)
- [Math tutoring sessions](#)
- [Organic Chemistry tutoring sessions](#)

Students may obtain program information, use resources or talk with a staff member about services by visiting 101 Osband Hall or by calling (205) 348-5175. The center is open Monday through Thursday from 8:00 a.m. to 10:00 p.m. and Friday from 8:00 a.m. to 4:45 p.m.
Announcements & Important Dates

- The UMC will directly contact students who were selected to shadow at their facility for Fall 2017.
- 1st Annual AED Blood Drive, please see attached flyer for additional details.
- St. Jude Graduate School of Biomedical Sciences in accepting applications. Please see attached flyer for additional information.

September 5th: Get On Board Day, 5:00 p.m. to 9:00 p.m. at Ferguson Promenade.
September 6th: Sophomore Workshop, 11:00 a.m. at 200 Clark Hall.
September 13th: Sophomore Workshop, 11:00 a.m. at 200 Clark Hall.
September 13th: Sophomore Mock Interviews, Auburn’s Harrison School of Pharmacy, 9:00 a.m. to 3:30 p.m.
September 13th: Study Abroad Fair, 10:00 a.m. to 3:00 p.m. at Ferguson Promenade.
September 16th: Auburn’s Harrison School of Pharmacy Open House, 12:00 p.m. to 2:00 p.m.
September 18th: Senior Session: Ask An Advisor, 11 a.m. at 205 Gorgas.
September 20th: Sophomore Workshop, 11:00 a.m. at 200 Clark Hall.
September 27th: Sophomore Workshop, 11:00 a.m. at 200 Clark Hall.

*Items in RED are UA HPAO Events.

Remember to visit prehealth.ua.edu often for the most up-to-date announcements.

Meet Your Pre-Health Advisor

Our office works with current and alumni pre-health students from all majors at The University of Alabama. We are housed in 200 Clark Hall and operate by appointment only. Your health professions advisor is able to discuss competitiveness for health professions graduate programs, co-curricular activities, standardized testing for graduate school, etc. You can identify your advisor by the first letter of your last name. To schedule an appointment, please visit: www.as.ua.edu/appointment.

Find your pre-health advisor below by the first letter of your last name.

Ms. Johnson, A - F  Mrs. Machado, G - L  Mrs. Smith, M - S  Mrs. Denham, T - Z
ALPHA EPSILON DELTA'S 1ST ANNUAL

Blood Drive

SEPT 12TH, 13TH & 14TH
FERGUSON CENTER
10AM - 4PM

JOIN AED AND THE RED CROSS TO DONATE BLOOD AND HELP YOUR COMMUNITY.

GO TO THE REDCROSS WEBSITE AND USE THE DONOR CODE: BAMAIAED

HTTP://WWW.REDCROSSBLOOD.ORG/DONATING-BLOOD
ST. JUDE GRADUATE SCHOOL OF BIOMEDICAL SCIENCES
At St. Jude Children’s Research Hospital

Introducing an extraordinary new PhD program at one of the world’s premier research and treatment centers for pediatric cancer and childhood disease.

With leading-edge science, unparalleled resources, and an immersive clinical experience, our graduate program is designed for innovative, research-oriented students who will help discover the next generation of cures.

Throughout your doctoral training, you will be supported by a generous stipend and benefits, extraordinary core facilities, and a collaborative, close-knit research environment — all in the heart of the vibrant city of Memphis.

Accepting applications September 1 – December 1, 2017.
Explore the Graduate School: stjude.org/graduate-school
Subscribe to our e-newsletter: stjude.org/graduate-school-subscribe
The Society of Engineers in Medicine (SEM) is hosting Dr. Robin Lorenz, Associate Dean for Physician Scientist Development at UAB this **Wednesday 9/6 at 7pm in Shelby 1092**. Lorenz is also the director of the UAB MD-PhD program and runs two summer research internships for undergraduates, SIBS and Paradigm. She will be presenting info on the MD-PhD program as well as opportunities for summer research.

Beyond Bama is leading two sustainable alternative break trips in Alabama this fall. In Greensboro we are partnering with the HERO housing project and in Guin we are working with Habitat for Humanity. Each trip is $200 and includes transportation, food, housing, friendships, and life-changing service experiences. Applications are due 9/20 so apply today!

Apply for Greensboro here: [https://universityofalabama.az1.qualtrics.com/jfe/form/SV_55UipmcfCzp0pcp](https://universityofalabama.az1.qualtrics.com/jfe/form/SV_55UipmcfCzp0pcp) and Guin here: [https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8o9xyqCcKbtOBuH](https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8o9xyqCcKbtOBuH)
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<thead>
<tr>
<th>Date</th>
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<td>August</td>
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<td>August 22 (Tue)</td>
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<td>Academic Success Discussion</td>
<td>357 Russell Hall</td>
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<td>September</td>
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<td>September 5 (Tue)</td>
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<td>Listening and Note Taking</td>
<td>354 Russell Hall</td>
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<td>September 6 (Wed)</td>
<td>6:00 PM</td>
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<td>September 14 (Thurs)</td>
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<td>Surviving Your Freshman Year</td>
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<td>September 18 (Mon)</td>
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<td>Engaging with Faculty</td>
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<td>September 19 (Tue)</td>
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<td>September 21 (Thurs)</td>
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<td>September 25 (Mon)</td>
<td>7:00 PM</td>
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<td>September 26 (Tue)</td>
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<td>Listening &amp; Note Taking</td>
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<td>September 27 (Wed)</td>
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<td>Reading College Textbooks</td>
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<td>October</td>
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<td>October 2 (Mon)</td>
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<td>Motivation &amp; Goal-Setting</td>
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<td>Memory Techniques</td>
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<td>October 9 (Mon)</td>
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<td>October 10 (Tue)</td>
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<td>Studying for Multi-Choice Tests</td>
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<td>October 18 (Wed)</td>
<td>6:00 PM</td>
<td>Stress Management &amp; Test Taking</td>
<td>357 Russell Hall</td>
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<td>October 24 (Tue)</td>
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<td>124 Osband Hall</td>
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To register for these workshops go to: cas.ua.edu or call the CAS at 348-5175. Classrooms in Russell Hall and Lloyd Hall can accommodate at least 75 attendees. Classrooms in Osband Hall can accommodate no more than 24 attendees.
If you are thinking about medical school, then you owe it to yourself to attend! Take a tour, meet the Dean, watch live demonstrations and interact with faculty, staff and current students to learn about:

- The differences between a DO and an MD
- Student Organizations
- Financial Aid Options
- Research Opportunities
- Global Health and International Missions
- The VCOM Curriculum
- OMM and Sports Medicine
- Academic and Personal Counseling

* This is a true open house, so you may arrive and participate anytime between 12 p.m. and 4 p.m. on the designated day. Register here: www.vcom.edu/admissions/register-open-house. Go to www.vcom.edu/outcomes for a copy of our Outcomes Report.
Examkrackers MCAT Discussion Webinar
Two Sessions Currently Available:
Aug. 30th & Sept. 20th @ 8-10 pm EST

REGISTER NOW - SEATS ARE LIMITED!
Ready to Register? Pick your Date and send an email to
FREEMCAT@examkrackers.com
with the following information:
- Name
- Event Date of Choice
- Email
- Phone Number
- Anticipated MCAT Date

 Seats are limited for each evening - if your selected date is no longer available then you will be placed in the NEXT available/open session.

FREE ONLINE MCAT WEBINAR

Examkrackers MCAT Discussion Webinar Two Sessions Currently Available:
Aug 30th & Sept 20th both @ 8-10pm EST

To Register: Pick your Date and send an email to
FREEMCAT@examkrackers.com
with the following information:
- Name
- Event Date of Choice
- Email
- Phone Number
- Anticipated MCAT Date

 Seats are limited for each evening - if your selected date is no longer available then you will be placed in the NEXT available/open session.

Janis Stott
National Program Director
Examkrackers, Inc. (MCAT Prep)
janis@examkrackers.com
Phone: 386-864-1245
Fax: 859-305-6464