



Photo from the 2020 McCollough Medical Scholars Forum

UA Office Of Health Professions Advising Newsletter

January 2021

McCollough Medical Scholars Forum

The 19th Annual McCollough Medical Scholars Forum will be held in a webinar format on Friday, January 29th beginning at 12:30 p.m. CST.

The McCollough Medical Scholars Forum, sponsored by The University of Alabama's College of Arts and Sciences, was established by Alabama physician Dr. Gaylon McCollough and his wife, Susan, who are both beloved UA alumni. The Forum's aim is to emphasize the importance of liberal arts education in the study and practice of medicine. Students have an opportunity to engage in conversation with our guest speakers, invited health care professionals, and faculty members, and other guests of the College, regarding humanistic and social issues in medicine.

Over the years the Forum has established a strong reputation of providing opportunities for connection and conversation between future doctors, current medical students, current practitioners, and the healthcare community.

Keynote speakers include **Dr. William E. Admire Vice President and Chief Medical Officer Mobile Infirmary and North Baldwin Infirmary**, and **Linda Goodson, RN**, Director of Admissions for [Alabama College of Osteopathic Medicine](#), and **Dr. Gaylon McCollough**, Founder and Host of the McCollough Medical Scholars Forum.

This event is free to all participants. Students may register for the event by clicking the following link: [McCollough Medical Scholars Forum R.S.V.P.](#) Registration will open on January 13th. This event is open to current pre-health students as well as pre-health alumni from our university. Register early as space is limited.

Announcements & Important Dates

- Cycle 2022 Applicants in the Blackboard application course can begin submitting their pre-application for review on Monday, January 25th. Check the announcements section of the Blackboard course for more information.
- **The College of Arts & Sciences** is accepting applications for Student Ambassadors. Student Ambassadors should be knowledgeable about the College & University, and have interest in working with students, administration, donors and friends. Ambassadors work closely with the A&S Office of Development and the Office of Student Services. Please visit <http://ambassadors.as.ua.edu/application/> for more information.
- **University of South Alabama College of Medicine's D.R.E.A.M. (Diversity Recruitment and Enrichment for Admission into Medicine) program** is currently accepting applications. Ideal candidates are first-generation college students who identify as being part of a group that is underrepresented, economically or educationally marginalized. Application closes February 1, 2021. Visit <https://www.southalabama.edu/colleges/com/administration/diversity/dream.html> for more information.
- **Samford McWhorter College of Pharmacy** will host a virtual Open House on Monday, February 11th from 5:00 p.m. - 6:30 p.m. For more information and to register, please visit <https://www.samford.edu/pharmacy/events/MSOP-Feb-Open-House>.
- **UAB School of Medicine Preview Day** UABSOM will host a **Virtual Preview Day** on Friday, February 12th from 2:00 p.m. - 3:30 p.m. for prospective applicants interested in learning about UAB's School of Medicine. Visit <https://www.uab.edu/medicine/home/admissions/visit> for more information.
- This summer, May 31st - July 23rd, Emory's **School of Medicine** will offer a free program, **Health Professions Readiness Education Program (HealthPREP)**, for undergraduate & graduate students interested in pursuing a career within the following healthcare professions: Medical Doctor, Physician Assistant, Anesthesiologist Assistant, Genetic Counseling, Physical Therapy, or Public Health. Please see the attached flyer or visit <https://med.emory.edu/education/multicultural-med-student-affairs/healthprep.html> for more information.

MARK YOUR CALENDAR

January 13th: Spring semester courses begin

January 18th: Classes dismissed for Martin Luther King, Jr. Day

January 20th: Last day to add or drop a course without a grade of "W"

January 25th: OHPA HPAC Pre-App Submission Opens for Cycle 22 students enrolled in the Blackboard course

January 29th: McCollough Medical Scholars Forum, see attached flyer for details

*Items in RED are UA OHPA Events.

FROM THE OHPA

HAPPY
NEW YEAR



SAVE THE DATE FOR THE

McColough Medical Scholars Forum

WEBINAR FORMAT

JANUARY 29, 2021, 12:30 P.M. TO 5 P.M.

Save the Date for the

McCollough Medical Scholars Forum

Friday, January 29, 2021

12:30 p.m. to 5 p.m.

Webinar Format

SPEAKERS

Dr. William E. Admire

Vice President and Chief Medical Officer
Mobile Infirmary and North Baldwin Infirmary

Linda Goodson, RN

Director of Admissions
Alabama College of Osteopathic Medicine



The Forum is hosted by Dr.
Gaylon and Mrs. Susan N.
McCollough and the College
of Arts and Sciences.



RECOMMENDED READING FOR PRE-HEALTH MEDICAL STUDENTS

From Pre-Medical Education to Specialty Certification ... and Beyond

**THE MCCOLLOUGH
MANUAL
FOR
MEDICAL
SCHOLARS**

**How to become an Ideal
Medical School Candidate
And Phenomenal Physician**

**E. Gaylon
McCollough, MD FACS**

"ALL THE ESSENTIALS IN SELECTING MEDICINE AS A CAREER"

"Dr. E. Gaylon McCollough guides and informs the reader of all the essentials in selecting medicine as a career. This book is not just for students entering medical education; it is a manual for those in medical school, in residency, post graduate training, and for those launching a career in medicine or surgery. It is a lifetime and timeless book."

Clifton K. Meador, MD
Dean, UAB College of Medicine, 1968-73
Professor Emeritus, Vanderbilt University

"... a 'soup to nuts' trove of information that will resonate with a wide audience of persons interested in the practice of medicine. It will serve as a resource to those persons at various stages in career development as each one pursues becoming a 'phenomenal physician.'"

Samuel J. Strada, PhD, Dean Emeritus,
University of South Alabama College of Medicine, Mobile, Alabama,

"... one of the most thorough documents I have read for premed students... a treasure of knowledge and experience"

Linda W. Goodson, RN
Director of Admissions and Enrollment;
Alabama College of Osteopathic Medicine, Dothan, AL

"... a masterful guide for anyone who is interested in the medical profession."

Ted Preston, Ph.D.
Director, McCollough Institute for Pre-Medical Scholars
Professor of Philosophy, University of Alabama

"All those striving to enter the field will find this sage advice timeless, robust, and to be the foundation of a thriving practice."

Hayes V. Whiteside, MD, FACS
Chief Medical Officer
PraeAssurance Corporation, Birmingham, AL

"... shines a light onto the abyss of intricacies within the medical admissions process..."

Matthew T. Eppi, MD, MS
Plastic Surgeon & AAFFRS Fellow

"... one of the best gifts anyone pursuing a career in the medical industry could possibly receive."

Austin Bowring
Pre-Medical Student, University of Alabama



Dr. E. Gaylon McCollough is a world-renowned surgeon, author and speaker — a "Renaissance Man" — and one of the first three Sports America's 2012 "Most Influential Medical Achievement" (For complete bio, see page 254)

822-918-0-97579-1-
12293-
#730978-179454
\$22.95 US \$30.50 Canada

Front back, "Is this a must-read? (Cover) Surgery Times
Journal, July 2012 issue.

SPECIAL UA STUDENT RATE: \$20

TO PURCHASE, CONTACT:
JENNIFER@MCCOLLOUGHINSTITUTE.COM



AMERICAN EPIDEMICS

AMS 300-003 | Mondays 2-4:30 pm | Dr. Odle

In this course, we'll focus on the cultural impact of disease, ranging from the smallpox and yellow fever outbreaks of the colonial era to the catastrophic 1918 flu, the AIDS crisis, and the COVID-19 pandemic. Exploring governmental, medical, and human responses to mass illness, this class will address the relationship between epidemics and cultural change in America.



MCAT

MCAT **Tutoring**



with Harrison Cook
98th Percentile Scorer (8/29)
Master's Student @ UA
Teaching all MCAT
Test Sections

\$30/hour
subject to change

Contact:

whcook1@crimson.ua.edu



HealthPREP at Emory

An 8-week summer program for undergraduate and graduate scholars from disadvantaged backgrounds who are interested in health-related graduate and professional schools to enhance skills for competitive admissions.

PROGRAM OVERVIEW

Throughout the summer, students will receive comprehensive Graduate Record Examinations (GRE) or Medical College Admission Test (MCAT) preparation, opportunities to research, interact with health care providers during weekly seminars, and service-learning projects. The seminars are designed to enhance students' strengths and provide preparation for the health professions school admissions process. Seminar topics include:

- Writing personal statements
- Effective time management
- Academic preparation
- Simulation Labs
- Mock interviews

HealthPREP@Emory is tuition-free. HealthPREP Scholars who fully participate in the HealthPREP Summer program are eligible to receive a \$1,000 stipend.

APPLICATION REQUIREMENTS

- Completed Application
- Official Transcripts from all colleges attended
- Three letters of recommendation (at least **2** from a college professor)
- Personal Statement
- Resume/Curriculum Vitae

The application will **OPEN** on January 1, 2021.
The application will **CLOSE** on February 26, 2021.

PROGRAM DATES

May 31 – JULY 23, 2021
ATLANTA, GA



NOW ACCEPTING APPLICATIONS

ELIGIBILITY

This program is open to the following:

- Applicants with expressed interest in health professions, which includes: medicine, physician assistant, anesthesiology assistant, genetics counseling, physical therapy, or public health.
- U.S. Citizen or U.S. Permanent Resident
- Member of one or more of the following groups underrepresented in medicine:
 - First-generation student: a student whose parent(s)/legal guardian(s) have not completed a bachelor's degree)
 - Economically disadvantaged (i.e. pell grant eligible)
- One of the following classifications:
 - **MCAT track only:** Matriculating students, with at least two years of undergraduate science OR pre-health coursework (including organic chemistry)
 - **GRE track only:** Matriculating students, with at least two years of undergraduate coursework
 - Recent science or pre-med graduate
 - Matriculating, unclassified graduate student in science or pre-health profession education
- Science and cumulative GPA min. 2.7/4.0 scale

Contact:

LaToya Rolle, Ed.D.

Assistant Director, Office of Multicultural Affairs

HealthPREP@emory.edu

This project is supported by the Health Resources and Services Administration (HRSA) of the Department of Health and Human Services (HHS) under grant number D18HP321200100

SURE

SURGERY UNDERGRADUATE
RESEARCH EXPERIENCE
UAB.EDU/SURE

The Surgery Undergraduate Research Experience (SURE) provides undergraduate students who are interested in a medical career with research experience and knowledge that:

- improves competitiveness for admission to medical school
- encourages them to consider careers in academic medicine, particularly the field of surgery

The eight-week research experience includes:

- completion of a mentored research project
- research-related seminars
- clinical shadowing to expose students to clinical practice and surgical careers
- opportunity to submit an abstract to a national meeting
- research presentation at UAB Summer Undergraduate Expo

APPLICATION DEADLINE:

February 12, 2021

ELIGIBILITY REQUIREMENTS:

- Strong interest in research as well as a career in medicine
- Sophomore or junior undergraduate student status preferred
- U.S. citizenship or permanent resident status required
- Grade point average of at least 3.2 recommended

LEARN MORE AND APPLY ONLINE AT UAB.EDU/SURE

Students who are from underrepresented racial or ethnic groups as defined by the National Institutes of Health are encouraged to apply, including the following groups: African American, Hispanic, Native American, Native Alaskan or Native Pacific Islander. First-generation undergraduate students are also encouraged to apply.

If you have questions about the program, please contact:

Karin Hardiman, M.D., Ph.D.
SURE Co-Director
khardiman@uabmc.edu

Rachael Lancaster, M.D.
SURE Co-Director
rlancaster@uabmc.edu

Amy Chambless
SURE Coordinator
achambless@uabmc.edu

We are moving forward with our application process and hope to run our full program in 2021. However, we will continue to monitor UAB guidance and restrictions related to COVID-19 and make changes to the 2021 program to ensure the health and safety of our students. Program updates will be posted to the program website as they become available.

SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM

Shaping Careers. Changing Lives.

-  facebook.com/shpepconnect
-  [@shpepconnect](https://twitter.com/shpepconnect)
-  [@shpepconnect](https://instagram.com/shpepconnect)
-  youtube.com/c/shpepconnect



APPLICATION OPENS*

NOV. 1

*Application dates are subject to change. Please visit shpep.org for the most up-to-date information.

APPLICATION DEADLINE

FEB. 5

The Summer Health Professions Education Program (SHPEP) is a transformative summer experience for students interested in the health professions. Formerly known as the Summer Medical and Dental Education Program (SMDEP), SHPEP has been shaping careers and changing the lives of premedical and predental college students for over 30 years. Now, in addition to dentistry and medicine, the program offers opportunities to explore other health careers, including nursing, optometry, pharmacy, physical therapy, and public health.

The **FREE six-week summer enrichment program** prepares college students for a career in the health professions by enhancing their academic proficiency and providing career development opportunities. Participation in SHPEP may better position students for acceptance into advanced-degree programs.

What are the benefits of this **FREE** program?

Program includes:

- Housing, meals, a stipend, and travel assistance.
- Guidance from current admissions deans, health professionals, students, and SHPEP alumni about how to pursue their profession of interest.

To be eligible, you must:

- Be a U.S. citizen, a permanent resident, or an individual granted deferred action for childhood arrivals (DACA) status by the U.S. Citizenship and Immigration Services.
- Be a college freshman or sophomore at the time of application.
- Have a minimum GPA of 2.5.
- Identify with a group that is underrepresented in the health professions.

Learn more at **shpep.org**.

Help Build a Culture of Health

SHPEP is working toward building a Culture of Health* that will enable all to live longer, healthier lives now and for generations to come. The SHPEP prehealth scholars are inspired to become tomorrow's change leaders in their local communities and throughout the nation.

*Refer to evidenceforaction.org/what-culture-health.

What types of activities will students participate in during SHPEP?

- Academic enrichment in the basic sciences and math.
- Career development activities.
- Learning and study skills workshops.
- Exposure to clinical settings.
- Workshops in financial planning and health policy.
- Interprofessional education that addresses effective collaboration across health professions.



Visit **shpep.org** for more information about the program and how to apply.

SHPEP is a national program funded by the Robert Wood Johnson Foundation with direction and technical assistance provided by the AAMC (Association of American Medical Colleges) and ADEA (American Dental Education Association).

20-014D (04/20)

Support
provided by

Robert Wood Johnson Foundation

