

THE UNIVERSITY OF  
**ALABAMA**<sup>®</sup>

College of  
Arts & Sciences  
Office of Health Professions Advising

Bama Bound Orientation  
Summer 2021!

Office of Health Professions Advising  
(OHPA) Services

# Health Professions Advising Team



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Office of Health Professions Advising

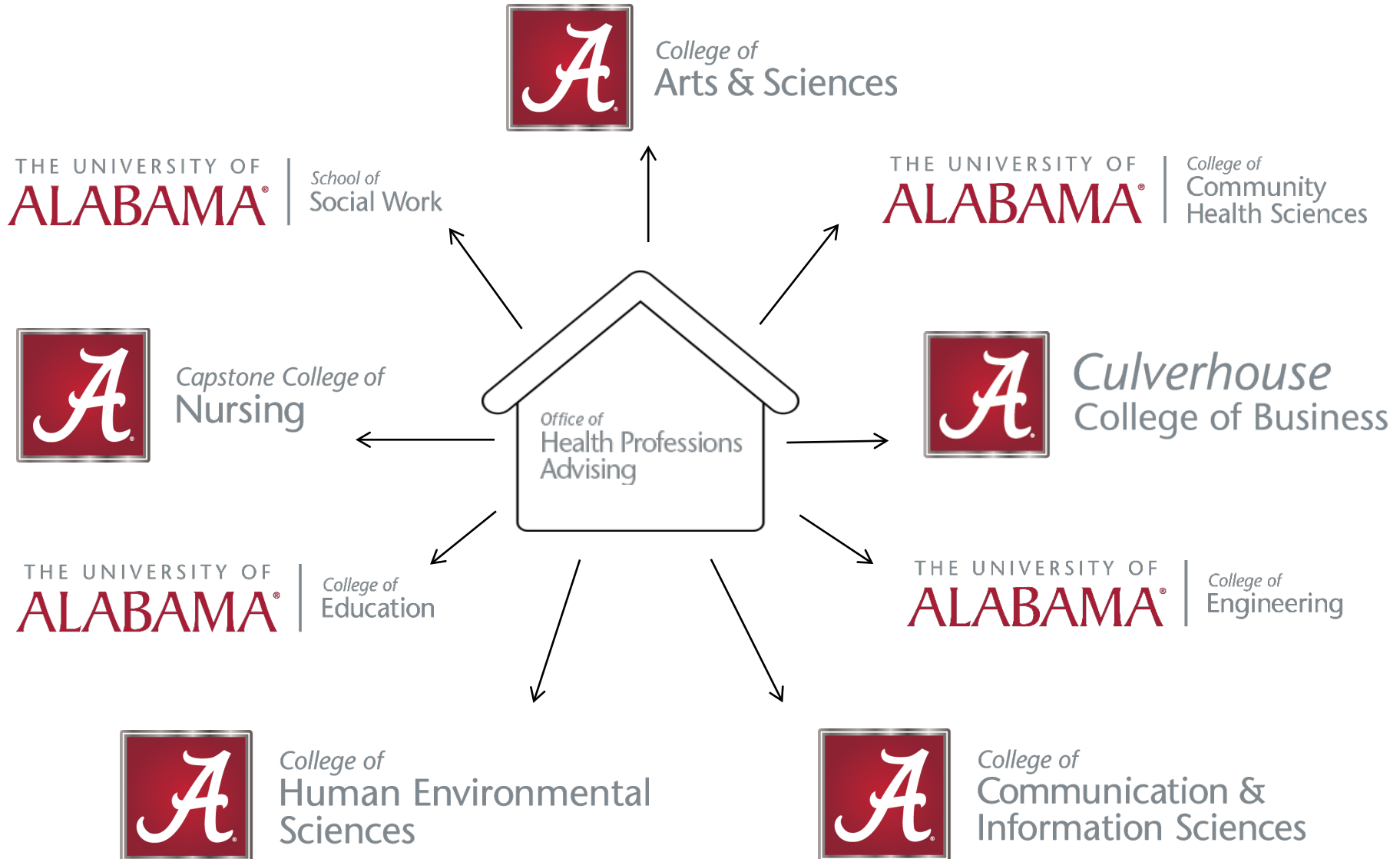
200 Clark Hall

Email: [prehealth@ua.edu](mailto:prehealth@ua.edu)

Website: [www.prehealth.ua.edu](http://www.prehealth.ua.edu)

You can find this information also [HERE](#) on our website or in our monthly newsletters!

# We serve Pre-Health students from all majors across the UA campus



# Pre-Health Programs That We Advise For:

- Medical
  - Allopathic (MD)
  - Osteopathic (DO)
- Dental
- Pharmacy
- Veterinary medicine
- Optometry
- Physical Therapy
- Physician Assistant
- Occupational Therapy



\*\*Nursing students are served by our College of Nursing

\*\*Public Health students are served by our College of Human Environmental Sciences

# Services We Provide



A listserv (email list) that provides regular announcements about opportunities for shadowing, research, workshops, and pre-health track specific programming



Counsel students on healthcare career choices



Help students plan undergraduate program



Assist in decision-making for professional programs



Offer support throughout application process



Connect to campus and community resources

# Become Familiar with Our Website

- Know where your pre-health guide is!
- Make an appointment with a pre-health advisor!
- Join the listserv (do this ASAP)
- Add/remove pre-health tracks to DegreeWorks
- Access our monthly newsletter
- Learn more about our student organizations!

THE UNIVERSITY OF ALABAMA\* | ARTS & SCIENCES | PREHEALTH PROGRAM

Office of Health Professions Advising  
College of Arts & Sciences

This Site | All A&S | UA

What are you looking for?

ABOUT | PRE-HEALTH TRACKS | PROSPECTIVE STUDENTS | CURRENT STUDENTS | APPLICANTS | PARENTS

## Important Updates for Prehealth Students Regarding COVID-19

A Statement from the Office of Health Professions Advising on the Pass/Fail Grading Option

[READ THE STATEMENT](#)

### News

Pre-Medical Shadowing at The University Medical Center  
March 2020 OHPA Newsletter  
2019 McCollough Medical Scholars Forum

### Important Notice

Due to the coronavirus pandemic, The University of Alabama has cancelled all on-campus events through the end of the Spring 2020 semester.

For more information about UA's response to the COVID-19 pandemic, please visit <https://healthinfo.ua.edu/>.

### Connect

Advising  
Make an appointment with a pre-health advisor.

Add or Remove Pre-Health Track in DegreeWorks

Listserv  
The Health Professions Listserv is the primary means of communication with UA pre-health students. Subscribe to the Listserv here.

# Meet with a Pre-Health Advisor



Plan to meet with a pre-health advisor at least once per year, but more often if necessary.



Appointments can be made using the A&S Advising Appointment System.  
<https://appointment.as.ua.edu/>



**On-Call advising for quick questions**

Monday-Thursday

1:00PM -3:00PM weekly

# Our Goal as Advisors...

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Help you to make a plan for when you would take your chosen standardized test (ex: MCAT, DAT, PCAT, etc.) and work with you to build in the foundational prereq classes into your schedule over time.

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Ask you thoughtful, reflective questions about your motivations for this career, academic progress, and overall preparedness throughout your undergraduate career



# Get Familiar: Metrics, Attributes, and Experiences

- Grades and tests are important, but the “extras” get you an interview and the acceptance!
- Professional Schools consider this a holistic approach or “Holistic Admissions”.
- Many professional school programs are looking at the following:
  - Shadowing (while in college) in the health professions area that you are interested in
  - Clinical experience
  - Research experience
  - Community service (does not have to be health related)
  - Leadership and more!



# Tips Moving Forward

## Academic & Career Exploration:

- Consider your undergraduate major
- Research your intended profession and others, now!

Grades are your #1 priority and must be excellent.

Make advising appointments! We are here to help!

Use all of the resources available to you.

- Explore campus opportunities
- student organizations
- counseling services
- Capstone Center for Student Success (tutoring)
- Advising (Pre-Health and Major Dept.)

# Stay Connected to Us!

- Join our pre-health listserv:  
<https://listserv.ua.edu/cgi-bin/wa?SUBED1=prehealth-l&A=1>

**THIS IS IMPORTANT!!!**



- Follow us on Instagram and Twitter

**@bamaprehealth**

- Bookmark the Office of Health Professions website in your computers/tablets.

**[www.prehealth.ua.edu](http://www.prehealth.ua.edu)**

**SCAN ME**





Got  
Questions?  
Email us!

[prehealth@ua.edu](mailto:prehealth@ua.edu)

