Spring Course Registration Opens October 24th

The Office of Health Professions Advising is here to help you carve out your pre-health path. During peak advising times, we modify our appointment schedules in order to accommodate the needs of our students. As a standing practice we do not lift advising pins for upper classmen (sophomores, juniors, and seniors). You will see your major/department advisors for this. AFTER you have met with your MAJOR advisor, meet with your pre-health advisor to discuss your pre-health related updates.

How to meet with your pre-health advisor:

<table>
<thead>
<tr>
<th>15 Minute Virtual Appointment</th>
<th>Via Zoom</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 Minute Face to Face Appointment</td>
<td>In-person in 200 Clark Hall</td>
</tr>
<tr>
<td>On-Call Virtual Advising (No Appointment Needed)</td>
<td>Via Zoom on Mondays from 1:00 p.m. to 3:15 p.m.</td>
</tr>
<tr>
<td>Drop-In Advising (No Appointment Needed)</td>
<td>In-person in 200 Clark Hall on Tuesdays, Wednesdays, and Thursdays, from 1:00 p.m. to 3:15 p.m.</td>
</tr>
</tbody>
</table>

New appointment times are added to the scheduling system daily. To schedule an appointment, and for virtual on-call advising link, please visit https://as.ua.edu/student-services/make-an-appointment/.

A few department advising links (for students of sophomore class standing and higher):

<table>
<thead>
<tr>
<th>Biology</th>
<th><a href="http://bioed.ua.edu/advising.html">http://bioed.ua.edu/advising.html</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemistry</td>
<td><a href="https://chemistry.ua.edu/chemistry-resources/resources-for-undergraduates/advising-information/">https://chemistry.ua.edu/chemistry-resources/resources-for-undergraduates/advising-information/</a></td>
</tr>
<tr>
<td>Psychology</td>
<td><a href="https://psychology.ua.edu/undergraduate-studies/advising/">https://psychology.ua.edu/undergraduate-studies/advising/</a></td>
</tr>
</tbody>
</table>

Considering changing your major? Make sure to check out the UA Majors Fair on October 18th in the University Student Services Center. Representatives will be available to speak to from every college on our campus.
Spotlight on Prehealth Spring Courses

**CHS 230 Medical Shadowing** is a 2 credit-hour course targeted at current sophomores and juniors with at least a 3.3 GPA who are planning to apply to medical school. The course times are as listed in the catalog; however, the actual clinical shadowing will occur on a set half-day each week in the specialties of Family Medicine, Pediatrics, Internal Medicine, Obstetrics and Gynecology, or Psychiatry. For more information, visit [https://tinyurl.com/2p9znztb](https://tinyurl.com/2p9znztb). Please use this link to apply: [https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8ktdkWuDl7Rsivc](https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8ktdkWuDl7Rsivc). Only applications submitted between Monday, Oct 3rd and Monday, Oct 17th will be considered.

**BSC 497-007 Animal Physiology and Nutrition** is a 3 credit-hour course targeted at pre-vet and pre-health students. This course will examine the anatomical and physiological processes of digestion. Special emphasis will be placed on how nutrients are acquired, utilized, and problems that may arise when levels are not adequate. BSC 300 Cell Biology is a prerequisite for this course (Minimum grade requirement of C-).

**AS 299 Pre-Health Junior Seminar** is a 1 credit-hour course for pre-medical, pre-dental, and pre-optometry students who are preparing to apply to a health professional school in the summer of 2023.

**AAMC Updates for Pre-Med Students**

- **MCAT Registration for January & March—June 2023** test dates opens Wednesday, October 25th.
- Visit [AAMC](https://students-residents.aamc.org) to register for the MCAT exam. THE MCAT exam cost is $330. For more information, visit [https://students-residents.aamc.org/taking-mcat-exam/taking-mcat-exam](https://students-residents.aamc.org/taking-mcat-exam/taking-mcat-exam).
- **AAMC Fee Assistance Program** provides discounted fees, free MCAT prep materials, access to the MSAR database and much more. To apply for the Fee Assistance Program, visit [https://students-residents.aamc.org/fee-assistance-program/fee-assistance-program](https://students-residents.aamc.org/fee-assistance-program/fee-assistance-program).
Announcements

• To participate in OHPA’s Cycle 2024 committee letter process, students should register for the Cycle 2024 Applicant Blackboard Course. This course is not for credit. It will be each applicant’s portal to all information related to receiving a committee interview and letter from our office. Register at: https://universityofalabama.az1.qualtrics.com/jfe/form/SV_bBE0sv5Tln2YoB0. More information to be announced soon.

• UA Writing Center’s Personal Statement Writing Workshop on Tuesday, October 18th at 5:00 p.m. in Lloyd Hall 227. See attached flyer for details and to register. Free Pizza!

• University of Mississippi Medical Center School of Medicine (UMMC) will conduct 1:1 mock interviews on Tuesday, October 11th in 200 Clark Hall. To sign-up, please stop by the front desk of 200 Clark Hall beginning Wednesday, October 5th. Sign-up early as availability is limited. The UMMC will also host a general interest meeting at 4:00 p.m. in 131 Lloyd Hall that same day. Mock interviews and meeting are available to pre-medical students who are Mississippi residents only.

• VCOM-Auburn will host an Open House on Friday, October 7th between 1:00 and 4:00 p.m. CST. VCOM Louisiana will host an Open House on Saturday, November 5th between 9:00 a.m. and 12 Noon CST. For more information, please visit

• UAB School of Medicine will hold a Preview Day on Wednesday, November 2nd. For more information, please visit https://www.uab.edu/medicine/home/admissions/visit.

October 4th: Degree application deadline
October 6th: Midterm grade entry deadline
October 18th: Majors Fair, UA Student Services Center
October 25th: Spring course registration begins for undergraduates
October 26th: Last day to drop a course with a grade of “W” for the fall term
Learn what admissions professionals look for in an application statement. Get help with your statement.

Tuesday, October 18
5:00-6:30 pm
Lloyd Hall 227

Free Pizza!
Fall into Your Major

Explore majors from every college at the UA Majors Fair!

October 18th | 10am - 2pm

Student Center Ballroom

Faculty & Advisors will be available

Presented by the Capstone Center for Student Success
UA IN GHANA
Global Health

Elmina, Ghana

Courses:
- **CHS 423/523**: Independent Study Community Medicine: Ghana/Global Health (6 hours)
The trip to Ghana is a 4 week educational medical immersion experience at a local community medical centers in Elmina, Ghana. A full range of health problems are seen at the Elmina Polyclinic and at the Ankaful District Hospital/Leprosarium, along with the Ankaful Psychiatric Hospital. Patients of all ages and genders are seen here. The primary activities include observing and participating in a traditional daily clinics and surgeries and taking part in public health outreach to outlying more rural communities. This offers an opportunity to experience a health care system run on a $120 capita budget in a stable democratic African country. English is the official language in Ghana but many patients speak a version of Akan, the major indigenous language group in southern Ghana. Cross-cultural communication and adaptation opportunities are also a part of this service-learning experience.

Visit studyabroad.ua.edu for updated dates, cost, housing information, itinerary, and excursions.

Faculty Contact:
Dr. Thad Ulzen | tulzen@ua.edu

“Through Ghana, I found that my true passion was working with children. Now I plan to become a Pediatrician or Family Doctor, something I never would have considered before this trip. To me, this was the most invaluable thing I discovered about myself and something I’ll never forget about visiting Ghana.”-Elizabeth
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HTTPS://PROJECTHEALTH.SA.UA.EDU/ABOUT/
OR SCAN THE QR!
Have you ever wondered what it takes to get into a Ph.D. program? What would you even do with a research Ph.D.?

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**Journey to a Ph.D.**

**Thursday, October 27, 2022**

**3:00 pm via Zoom**

For questions, contact LoRen Modisa (lburroughs@southalabama.edu) or Angie O'Neal (aoneal@southalabama.edu).